

AMERICAN RED CROSS BABYSITTING TRAINING



This course for youth ages 11-15 will include fun activities, exciting videos, lively discussions and real-life problem solving situations. Participants must be 11 years old by the first day of class. Participants will learn: Safety and Safe Play; Basic Care: Feeding and diaper changing; First Aid: every babysitter needs to know what to do if an accident happens;

Leadership: How do you have fun with the kids, but stay in control; professionalism: What should you ask during a babysitting interview? Participants provide own lunch and snack. Registration deadline is one week prior to the class dates.

Activity#	Day	Date/Time	Fee
S17001A1	Saturday	May 7 8:00 am-4:30 pm	\$77
S17001A2	Saturday	Jun 4 8:00 am-4:30 pm	\$77
Location	Brookview Community Center, Golden Valley		

DANCE BOOT CAMP FOR TEENS

No previous dance experience required.

Youth ages 12-18 come and learn the basics of tap, ballet, jazz, dance line and hip-hop. Students will work on stretching, kicking, leaps and turns while learning to combine movements into combinations. A short 10-minute presentation will be performed the last night of class. Classes are taught by Julia Carlson. Due to room size, class is limited to participants only. No class June 23. Register by May 27.



Activity#	Day	Date/Time	Fee
S03003B1	Thursdays	Jun 2-Jul 28 8:00-9:00 pm	\$60
Location	Crystal Community Center		

LIFEGUARD TRAINING AMERICAN RED CROSS

This 28-hour course is comprehensive programs that will prepare you for the rigors of lifeguarding. The purpose of the course is to teach you the skills and knowledge needed to prevent and respond to aquatic emergencies in a pool environment. You will learn how to recognize and respond quickly and effectively to emergencies and to prevent injuries and drowning. Upon completion of the course, participants will receive certifications in Lifeguard Training, CPR for the Professional Rescuer, and First Aid. Participants must attend all portions of the course to be eligible for certification. Prerequisite: Students must be 15 years of age on or before the last day of class; swim 500 yards continuously using the breaststroke and front crawl; swim 20 yards and retrieve a 10-pound diving brick from 10 feet of water, swim 20 yards with both hands on the brick, and be able to get out of the water without using a ladder. Bring a lunch, swimming suit, pencil and paper to every class. Minimum 5. Register by May 31. For the first class meet in the Crystal Community Center (building right next to pool).

Activity#	Day	Date/Time	Fee
S56509A1	Monday-Friday	Jun 13-17 8:30 am-2:15 pm	\$215 residents \$222 non-residents
Location	Crystal Cove Aquatics Center		

TEEN MOONLIGHT SWIM



Teens only (ages 12-16) night at the pool. Bring along your favorite air mattress, inner tube, beach ball or floating animal. Water basketball and/or volleyball will be available. Pool management reserves the right to limit the use of inflatables based on attendance at the event. Season passes not permitted.

Day	Date/Time	Fee
Fridays	Jun 17 & Aug 5 8:00-10:00 pm	\$3
Location	Crystal Cove Aquatics Center	

OTHER OPPORTUNITIES FOR TEENS SEE PAGE # FOR FULL CLASS DESCRIPTION

Program	Age	Page #	Activity #
Kids' Garage Sale	6-15	22	F61003A1
Robotics Camp	8-15	20	S17005A1
Nano Droids Camp	10-15	20	S17006A1
Kayaking	9-14	19	S04005A1
Stand Up Paddle Board	9-14	19	S04007A1
Rocket Design and More	10-14	22	S17009A1