



Recreation Office

763-531-0052
8:00 am- 4:30 pm

CONTACT

INFORMATION:

Monday-Friday

Recreation Supervisor

Marcia Bach
763-531-1153

Senior Outreach

952-746-4028

Senior Dining

Dinner at Your Door

Cherie & Joanne
763-531-1183
9:00 am-1:00 pm

District #281

Community Education

763-504-6990

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JUNE, JULY, AUGUST, 2015

Prime Time News



CRYSTAL FRIENDSHIP CENTER

Senior Spotlight

“DONUT TALK” REGULARS!



The “Donut Talk” Regulars (l-r) George Hogetvedt, Gene Dorphy, and Gary Setterholm, all of Brooklyn Center, have been attending the monthly “Donut Make You Wonder” presentations for years! Their great friend, Russ Voeltz passed away on March 15, and he was part of the group. They arrive an hour early and enjoy conversation and coffee until the donuts are served and the speaker begins. They attend no matter what the topic is that month! George is a retired Metro Transit bus driver and loves to hike and go bird watching. Gene was a meat cutter and enjoyed biking and working in the yard. He likes to watch movies! Gary retired as a technician for 35 years with Lockheed Martin, and he boasts that last year he grew over 1200 tomatoes on 12 plants! Other hobbies include genealogy and photography. Donut Talks are held the third Wednesday of the month from September-May. Thanks for your loyal attendance!!

Activities and More

CRYSTAL FRIENDSHIP CENTER

The Crystal Friendship Center is open to all individuals age 55 and better for a yearly fee of **\$12 for Crystal residents and \$19 for non-residents**. We offer a large gathering room, book and puzzle library, and a billiards room. Please note the *Prime Time News* may be purchased at the Crystal Community Center front desk for 50¢ a copy for non-members.

WEEKLY FRIENDSHIP CENTER GROUPS

We welcome you to join our many groups that meet throughout the week at the Crystal Friendship Center. After your third day as a visitor, a membership card is required. Come early if you do not have a partner to make arrangements for a place at a table. Limit of 33 tables.

WEEKDAY GAMES

Duplicate Bridge..... Monday....12:00 pm
Not held: September 7 (meets September 8)
500..... Wednesday...12:30 pm
Whist..... Thursday...12:30 pm
Party Bridge..... Friday...12:00 pm



EVENING GAMES

500.....Monday...6:30 pm
Not held: September 7
Whist.....Tuesday...6:30 pm
Cribbage.....Tuesday...6:30 pm
Hand & Foot.....Wednesday...5:30 pm...***NEW!***

“HAND & FOOT”-NEW!!-WEDNESDAY-5:30 PM

Hand and Foot is a North American game related to canasta. Each player is dealt two sets of cards using one as the “hand” and one as the “foot.”

SENIOR COMMUNITY RESOURCES

District #281 Community Education • 763-504-6990

Dinner At Your Door • 763-531-1183

Senior Dining • 763-531-1183

HOME Northwest • 952-746-4046

SENIOR DINING (AGE 60+)

Senior nutritional meals are served Monday-Friday at the Crystal Community Center at 12:00 pm. Reserve your lunch by calling three days in advance at 763-531-1183. Call a friend to join you for a great meal at a reasonable cost of \$4.00, payable the day of senior dining. You may also request an earlier time to be served lunch so that you can also play cards that day.



SATURDAY CARD TOURNAMENTS

Tournaments are held in the Minnesota Room. A partner is required to play in the tournament. A Crystal Friendship Center membership is not necessary to participate. Payment is taken when both partners are present. Limit of 33 tables.

500 (\$1.50 entry fee)...12:30 pm....June 6, July 4, July 25 (Crystal Frolics), August 1, September 5
Whist (\$3 entry fee)...12:30 pm....June 13, July 11, July 23 (Crystal Frolics), August 8, September 12
Duplicate Bridge (\$3 entry fee)...12:00 pm....June 20, July 11, July 20 (Crystal Frolics), August 15, September 19
Bridge (\$2 entry fee)...12:30 pm....June 27, July 18 (Crystal Frolics), August 22, September 26

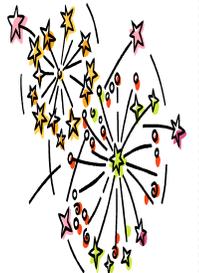


CRYSTAL FROLICS TOURNAMENTS

Tournaments are held in the Minnesota Room at the Crystal Community Center. A partner is required to play in the tournament. A Crystal Friendship membership is not necessary to participate. Entry fee is taken when both partners are present. Card tournaments start at 12:30 pm.

Bridge** Saturday, July 18
Duplicate Bridge*Monday, July 20
BilliardsTuesday, July 21
Cribbage*Tuesday, July 21
Whist*Thursday, July 23
DominoesThursday, July 23
500*** Saturday, July 25

*Fee: \$3/person
**Fee: \$2/person
***Fee: \$1.50/person



CRYSTAL FRIENDSHIP CENTER HOURS

Monday– Wednesday	10:00 am– 9:00 pm
Thursday	10:00 am– 4:30 pm
Friday	10:00 am– 4:30 pm
Saturday Tournaments	12:00 pm– 4:30 pm

MINNESOTA ROOM PHONE NUMBER

763-531-1182

Adult/Senior Activities

The Crystal Community Center has a variety of classes and events coming up that are sure to please. For more information, or to register, call the Crystal Recreation Department at 763-531-0052. The Crystal Community Center is located at 4800 Douglas Drive North, Crystal, MN 55429.

AARP SMART DRIVER REFRESHER COURSE (4-Hour Class)



Do you want to receive up to a 10% discount on your car insurance for the next three years? If you have had a previous 8-hour class, register for this 4-hour, state-approved refresher course. While no driving is necessary, attendance is required for credit and certificate. Course fills quickly. To receive the AARP membership discount, you must register at the front desk during regular office hours with proof of your membership. Register one week prior to the class start date.

Thursday, July 169:00 am-1:00 pm
Thursday, September 10.....9:00 am-1:00 pm
 Location: Crystal Community Center
 Fee: \$17 residents with AARP membership
 \$19 non-residents with AARP membership

AAA DRIVER IMPROVEMENT PROGRAM (4-Hour Class)

The Driver Improvement Program course is taught by a Minnesota Highway Safety Center trained instructor. The class will explore changes in laws, the latest in vehicle technology, and provide you with easy-to-use defensive driving tips. In addition, we will explore traffic safety and accident prevention. The classroom sessions are four hours in length. Completion of this course allows for a 10% reduction on automobile insurance premiums for those over the age of 55. Call 763-531-0052 to register ten days before start date.



Monday, June 85:30-9:30 pm
Monday, July 205:30-9:30 pm
Tuesday, August 18.....5:30-9:30 pm
Monday, September 14.....5:30-9:30 pm
 Location: Crystal Community Center
 Fee: \$18 AAA Member (must show AAA card at class)
 \$20 Non-AAA Member

AAA DRIVER IMPROVEMENT PROGRAM (8-Hour Class)

Call 763-531-0052 to register ten days before start date.
Saturday, September 19.....8:30 am-4:30 pm
 Location: Crystal Community Center
 Fee: \$22 AAA Member (must show AAA card at class)
 \$24 Non-AAA Member



55+ HEALTH GYM WALK

The Crystal Community Center will have one to three gyms available for walking depending on scheduled activities. Recreation programs and rentals take priority and hallways may be available for walking when there is an event or rental.



Black soled shoes not allowed. The Crystal Community Center is available for walking on the following days and times, but will be closed on July 3 and for maintenance July 27-August 28.

Tuesdays and Fridays.....8:00 am-2:00 pm
Wednesdays.....12:00-2:00 pm

Location: Crystal Community Center
 Fee: Free

*****GYMS CLOSED FOR MAINTENANCE***
 JULY 27-AUGUST 28**

PICKLEBALL FROLICS TOURNAMENT 55+

Thursday, July 23– 10:00 am– 12:00 pm

Crystal Community Center Gym

Registration- \$3.00.....Refreshments & Prizes

PICKLEBALL 55+

Pickleball is for people of all athletic abilities, described as a combination of ping pong, tennis and badminton. It's a great work out, very social, and a competitive and athletic game. It's also a good way to spend time with friends and family. Pickleball uses a plastic whiffle ball and a paddle and is played on a court roughly half the size of a tennis court. The cities of Crystal and Golden Valley are offering Pickleball at the Crystal Community Center. This is not a league...come when you can...just drop in...with no advanced registration. Equipment is provided for you to try the game. Gym shoes are required. Call Crystal Recreation 763-531-0052 or Golden Valley Recreation 763-512-2339 with questions. For your convenience, purchase a punch card and save or \$2.00 per day.



Mondays and Thursdays9:00 am-1:00 pm
 Location: Crystal Community Center

GYMS CLOSED FOR MAINTENANCE

JULY 27– AUGUST 28

COMMUNITY TRIPSTERS



Enjoy these day trips with friends, or join us by yourself and make new friends! This program series is sponsored by the cities of Crystal, Brooklyn Center and New Hope with pick-ups in each city. The cost of each trip is all-inclusive for the entire day including transportation, escort, lunch, tax and gratuity unless otherwise indicated. For more detailed information stop by the Crystal Community Center and pick up a flier or call 763-531-0052.

ALIVE AND KICKIN' Thursday, June 11

Lunch at David Fong's Restaurant, a family tradition since 1958. It has become a landmark in Bloomington and is one of the longest running, family owned restaurants in the entire Twin Cities. All lunches include your choice of Egg Roll or Cream Cheese Puffs, Fried Rice, Tea, and Fortune Cookie. Choose your menu selection at sign up:

1. Sweet & Sour Pork, Egg Roll or Cream Cheese Puffs
 2. Kung Bo Shrimp, Egg Roll or Cream Cheese Puffs
 3. Chicken Chow Mein, Egg Roll or Cream Cheese Puffs
 4. Beef with Garlic Sauce, Egg Roll or Cream Cheese Puffs
- Leave for the Bloomington Center for the Arts to enjoy Winds of Change, starring the beloved twenty-eight member senior ensemble Alive & Kickin. This highly creative show celebrates and reflects social change that moved us and honors innovative artists who stirred up the music scene. Register by May 18.

Pick-up: 11:30 am.....Return: 5:00 pm
Fee: \$66



MADE IN MINNESOTA Tuesday, August 11

Arrive at the Mohr family dairy farm near Glencoe. Have a cup of coffee and treat. Tour the Bonnie Mohr Studio and explore the farm buildings. Bonnie is a well-known rural agricultural artist. She exhibits and sells her original paintings, lithographic prints, giclées, mini-prints, note cards, and Christmas cards. They are great "made in Minnesota" gifts. Stop at the new Bongards' Creameries Retail Store in Norwood Young America. In 1908 the doors of a farmer-owned co-op opened in the town of Bongards, Minnesota. Bring thermal cooler bag to keep cheese purchases fresh. Arrive at Lola's Lakehouse Restaurant for lunch. It has a nautical feel with glass garage doors that run the length of the building overlooking Lake Waconia. Menu: Soup and Sandwich special of the day. Drive along beautiful Lake Waconia to the Sovereign Estate Vineyard. It is situated on a gentle slope with the lake as a backdrop. Meet your hostess for an introduction to the estate. Enjoy their signature wine tasting of available white, red, and rose' wines served in a souvenir glass. Register by July 27.



Pick-up: 8:45 am Return: 4:00pm
Fee: \$61

CRUISING TWO RIVERS Tuesday, July 14

Travel to historic Red Wing and visit the new Pottery Museum. Enjoy a guided tour and see the amazing 70 gallon pottery jug. Then, spend time exploring the museum or shop-ping at the Pottery Place. Next, we head to the Treasure Island Marina to board the "Grand Duchess" for an afternoon cruise up the Mississippi and St. Croix Rivers. Traveling from Red Wing to Hudson, we'll see a Wildlife Refuge, Diamond Bluff, St. Mary's Point, Prescott, Afton, and Lake St. Croix. Appreciate the natural beauty and wildlife that can only be experienced by boat. The historic villages were settled on the bank of the beautiful river banks in the nineteenth century. As we cruise, enjoy a buffet style late- lunch of baked chicken, salad, vegetable, potatoes, rolls, dessert and beverage. Note: Participants will need to walk three blocks to board the boat. The main floor is wheelchair accessible. There is no elevator to the second floor. Register by June 22.



Pick-up: 10:15 am.....Return: 6:45 pm
Fee: \$59

ARBORETUM IN THE FALL Tuesday, September 15

Enjoy lunch at Lord Fletcher's Old Lake Lodge overlooking Lake Minnetonka. A lunch of grilled chicken breast with au gratin potatoes, seasonal vegetable, salad, bread and coffee or tea will be served. Drive through the lakeside villages along Lake Minnetonka to arrive at the Apple House. Apples will be available for purchase grown at the Arboretum orchards. Arrive at the MN Landscape Arboretum, established in 1958. The Arboretum includes over 1,000 acres of rolling terrain featuring unique public gardens, spectacular annual and perennial displays, collections of plants developed for northern climates, natural and native areas and demonstration gardens. Enjoy the grounds and visit the gift shop. End the day by boarding the Trumpet Creeper Tram for a narrated riding tour of the gardens and woodlands, highlighting the many collections, display and demonstration gardens. Register by August 31.



Pick-up: 10:30 am.....Return: 4:45 pm
Fee: \$66

Enjoy the Summer!



Plan a Road Trip in the State of Minnesota!



Summer is a great time to get outside, and the adventure of spirit hits you to explore what has been closed off all winter. To take in the beautiful Minnesota landscape, a simple road trip might be just the answer. Simply getting out the map and picking a city never visited, then hit the road and check it out. Find a new restaurant, museum, fabulous shop.

Also, check out www.byways.exploreminnesota.com or www.exploreminnesota.com/mototourism for scenic byways to take in the great outdoors.

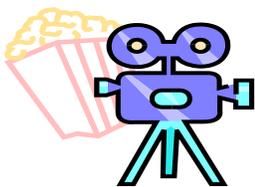
Minnesota has over 1700 miles of bikes trails, 690 of them are paved, with 1000 unpaved. Find maps of all the state and regional trails at www.exploreminnesota.com/things-to-do/biking or Minnesota Dept. of Transportation, 800-657-3774 has bike trail maps to help keep Minnesota the nationwide leader for recreational trail systems.

Check out www.mndnr.gov/watertrails for those looking to take out those kayaks or canoes. With 11,842 lakes of more than 10 acres in the state it's time to check them all out. Sit back and enjoy the gentle waters on a beautiful day or try your hand at river currents.

Minnesota is rapidly becoming a wine State, at least 45 wineries are in the state to sample. Summer season is the perfect time to search out new wine experiences. Minnesota offers special deals for "wine trails." Go to www.greatriverroadwinetrail.org and www.mnriverwinebeerhistorytrail.com or www.3riverswintetrail.com for events and fees to help plan your route.

Maybe wine isn't your thing... www.mnbeer.com/breweries or www.mnbrewers.com to see all the new flavors.

There's always the food of Summer, www.minnesotagrown.com has all the farmers markets, days and times, to get your fill of the local bounty.



Special Interest Groups

MOVIE DISCUSSION SERIES

Join us on the **second Thursday of the month this summer at 10:00 am in the Robbinsdale Police and Fire Station, Community Meeting Room (lower level) located at 4101 Hubbard North.** Escape the heat and stop by for great



movies, good conversations, and fun! Movies are shown on a large movie size screen. Discussions are informal, but will focus on reaction to the movie. Bring a pillow for a softer chair cushion. A fee of \$1.00 is collected at the door to cover the cost of refreshments and movie. Call 763-531-1274 for a complete list of upcoming movies.

BOOK DISCUSSION GROUP

The Book Discussion group is for you if you like to read and then talk to someone else about the book. The group meets the **first Tuesday of the month at the Robbinsdale City Hall from 1:00 to 2:30 pm.** Donations collected for refreshments.

Volunteer Appreciation !!!

CRYSTAL FRIENDSHIP CENTER

THANK YOU SO MUCH!!!



ANDY & CHRISTINE POLIS

Andy and Christine Polis were recognized for their years of volunteer service organizing the Duplicate Bridge group on Monday afternoons. They have a big job and do it with a warm and welcoming flair!



DEANNA CRATON

Deanna Craton is enjoying the entertainment at the Senior Volunteer Appreciation Brunch on May 13. Deanna is one of the leaders of the Party Bridge Tournaments.



MADONNA SALISBURY & ARLENE EDSTROM
Deep discussion at the volunteer brunch!



FRIENDSHIP CENTER VOLUNTEERS

Over 40 volunteers were recognized at the annual Senior Volunteer Appreciation Brunch. They were entertained by "Rockin' Woody!"

Photo credits on this page to Brian Mozey, Intern
Sun Post Newspaper!



Summer Fun for All



CRYSTAL COVE AQUATIC PARK

SATURDAY, JUNE 6- SUNDAY, AUGUST 23

POOL ADMISSION: (Includes Waterslide)

- Daily Admission: \$8, *children born after 1/1/12 are free*
- Senior Admission: \$6 (55 years+)
- Twilight Admission: \$6 (after 5 pm)
- Adult Lap Swim: \$2 (or free with a season pass)
- Daily Admission Coupon Book (10 admissions): \$60
- Coupons are good for 2014 only. Purchase at pool or Recreation Office. Good at either the Crystal or New Hope pools. Only cash is accepted for daily admission.



POOL HOURS:

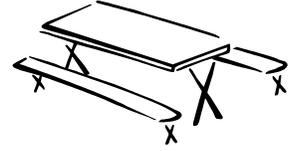
Monday-Friday1:15- 8:30 pm
 Saturday/Sunday1:00- 7:00 pm

Special Hours:

Saturday, July 41:00- 6:00 pm
 Fridays, June 12* and August 7*1:15- 7:15 pm
 Sunday, August 231:00- 6:00 pm
 *Evening Special Events

Adult Lap Swim: Monday-Thursday7:15- 8:30 pm*
 Monday & Wednesday...10:30 am-12:30 pm
 *(see Pool Hours above for early closing times)

PICNIC IN THE PARK!!



Gather your friends for a day or evening of fun and socializing. No alcoholic beverages permitted in parks unless by special permit fees apply. Four Crystal park shelters can be reserved for your picnic and party needs. Each shelter holds 40-50 people. Make reservations during regular business hours. Cost of reservations and permits is as follows:
Reservation/Permit Fee\$30/picnic shelter resident; \$50/picnic shelter non-resident
Park Building Use ...\$25 fee & \$20 key deposit, cash only (\$20 refunded upon return of the key)
Picnic Kit\$20 fee and \$20 kit deposit, cash only (\$20 refunded upon return of the kit)
 (Includes softball, bats, scoopball, volleyball, etc.)

Sites include:

Bassett Creek Park, 32nd & Brunswick2 shelters
 North Lions Park, 61st & Louisiana1 shelter
 Lions Valley Place Park, 32nd & Jersey1 shelter

Note: Refunds will not be given due to weather. Taxes will be applied to all reservations/permit fees.



CRYSTAL LIONS CORN FEED

Saturday, August 8– 11:00 am-4:00 pm
BECKER PARK

Help support a local civic organization that gives back. Join the Crystal Lions for an (All You Can Eat) Corn Feed. The event will also have Live Music and a Softball Tournament. Besides corn, the Crystal Lions will also be grilling up Hot Dogs and Brats. Entrance to the event is free, but there is a cost to participate in the corn feed and concessions.



ANTIQUE CAR RUN

SATURDAY, AUGUST 8– 2:00 PM

The Run began in 1987 during New Brighton's Centennial to strengthen the City's namesake ties to Brighton, England. The Minnesota Run is a 120 mile American version designed to showcase the beauty and endurance of early automobiles. It travels from New London to New Brighton with a stop at the Crystal Community Center about 2:00pm. Bring a lawn chair and enjoy seeing dozens of Antique Cars in the south parking lot of the Crystal Community Center.



CRYSTAL DOG PARK

A special area in Bassett Creek Park, 6001 32nd Avenue North, has been designed for canine companions. This fenced in area has lots of space to roam off-leash to exercise and socialize your dog. Park hours are 6:00am-10:00pm.





HAPPY 80TH BIRTHDAY, MARLYS ZINN!!

Marlys Zinn was surprised by her Dominoes friends with a birthday party on May 20! Many happy and healthy days ahead, Marlys!!!



**DUPLICATE BRIDGE ICE CREAM SOCIAL
MONDAY, JUNE 8
11:00 AM- 12:00 PM
THANKS TO OUR SPONSOR!
COPPERFIELD HILL**

**COMMUNITY CENTER GYM
CLOSED FOR CONSTRUCTION
JULY 27-AUGUST 28**



**CRYSTAL FRIENDSHIP CENTER
4800 DOUGLAS DRIVE NORTH
CRYSTAL, MN 55429**

