



JUNE, JULY, AUGUST, 2014

Prime Time News



CRYSTAL FRIENDSHIP CENTER

Senior Spotlight

FRIDAY BRIDGE LEADER



EM SULLIVAN

Recreation Office

763-531-0052

8:00 am- 4:30 pm

CONTACT

INFORMATION:

Monday-Friday

Recreation Supervisor

Marcia Bach

763-531-1153

Senior Outreach

952-746-4028

Senior Dining

Dinner at Your Door

Leslie & Joanne

763-531-1183

9:00 am-1:00 pm

5 Cities Services

763-531-1259

8:30 am-3:00 pm

Monday-Friday

District #281

Community Education

763-504-6990

INSIDE THIS ISSUE:

Activities and More	2
Adult/Senior Activities	3
Community Tripsters	4
Enjoy the Summer!	5
Volunteer Appreciation	6
Summer Fun for All	7
Etc.	8

Em Sullivan played bridge at home as a child in northwestern Minnesota. She listened to the opera on Saturday afternoons and hockey from Toronto on Monday evenings. Her ancestors came from France and were fur traders in Canada. Em sings in two choirs at Sacred Heart Catholic Church in Robbinsdale. Music is a big part of her life. She has 8 children, 18 grandchildren, and 20 great grandchildren. It is a job remembering all of their birthdays! Her dear Irish husband left her on her own 23 years ago. She misses him. Em is our wonderful leader for Bridge on Friday afternoons. She says, "We play pretty good bridge most of the time and try to be as pleasant as we can considering the nature of the game!" **THANK YOU, EM.....FOR ALL YOU DO!!!**

Activities and More

CRYSTAL FRIENDSHIP CENTER

The Crystal Friendship Center extends a special welcome to the 55+ population! We are dedicated to helping you live a purposeful life! Have a look at our rich variety of programming opportunities to help you pursue your interests, cultivate friendships, and meet your recreational desires. We offer a large gathering room, book and puzzle library, and a billiards room. The Crystal Friendship Center is open to all individuals age 55 and better for a yearly fee of **\$12 for Crystal residents and \$19 for non-residents**. Please note the *Prime Time News* may be purchased at the Crystal Community Center front desk for 50¢ a copy for non-members.

WEEKLY FRIENDSHIP CENTER GROUPS

COMMUNITY CENTER CLEANING– AUGUST 4-9 NO ACTIVITIES– BUILDING CLOSED

We welcome you to join our many groups that meet throughout the week at the Crystal Friendship Center. After your third day as a visitor, a membership card is required. The day groups begin at 12:30 pm with the evening groups at 6:30 pm. Come early if you do not have a partner to make arrangements for a place at a table. Limit of 33 tables.

WEEKDAY GAMES (Begin at 12:30 pm)

Duplicate Bridge..... Monday

Not held: August 4, September 1 (meets September 2)

500..... Wednesday

Not held: August 6

Whist..... Thursday

Not held: August 7

Party Bridge..... Friday

Not held: July 4, August 8

EVENING GAMES (Begin at 6:30 pm)

500..... Monday

Not held: August 4, September 1

Whist..... Tuesday

Not held: August 5

Cribbage.....Tuesday

Not held: August 5



SATURDAY CARD TOURNAMENTS

Tournaments are held in the Minnesota Room. A partner is required to play in the tournament. A Crystal Friendship Center membership is not necessary to participate. Payment is taken when both partners are present. Card tournaments start at 12:30 pm. Limit of 33 tables. **Note: No tournament August 9.**

500 (\$1.50 entry fee).....June 7, July 5, July 26 (Crystal Frolics), August 2, September 6

Whist (\$3 entry fee).....June 14, July 12, July 24 (Crystal Frolics), August 16, September 13

Duplicate Bridge (\$3 entry fee)....June 21, July 12, July 21 (Crystal Frolics), August 16, September 20

Bridge (\$2 entry fee).....June 28, July 19 (Crystal Frolics), August 23, September 27



CRYSTAL FROLICS TOURNAMENTS

Tournaments are held in the Minnesota Room at the Crystal Community Center. A partner is required to play in the tournament. A Crystal Friendship membership is not necessary to participate. Entry fee is taken when both partners are present. Card tournaments start at 12:30 pm. Limit of 33 tables.

Bridge** Saturday, July 19

Duplicate Bridge*Monday, July 21

BilliardsTuesday, July 22

Cribbage*Tuesday, July 22

Whist*Thursday, July 24

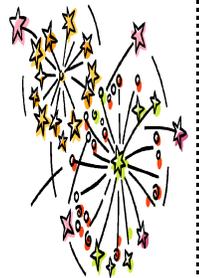
Dominoes Thursday, July 24

500*** Saturday, July 26

*Fee: \$3/person

**Fee: \$2/person

***Fee: \$1.50/person



SENIOR COMMUNITY RESOURCES

District #281 Community Education 763-504-6990

5 Cities Services • 763-531-1259

Dinner At Your Door • 763-531-1183

Senior Dining • 763-531-1183

HOME Northwest • 952-746-4046

SENIOR DINING (AGE 60+)

Senior nutritional meals are served Monday-Friday at the Crystal Community Center at 12:00 pm. Reserve your lunch by calling three days in advance at 763-531-1183. Call a friend to join you for a great meal at a reasonable cost of \$4.00, payable the day of senior dining. You may also request an earlier time to be served lunch so that you can also play cards that day.



CRYSTAL FRIENDSHIP CENTER HOURS

Monday– Wednesday 10:00 am– 9:00 pm

Thursday 10:00 am– 4:30 pm

Friday 10:00 am– 4:30 pm

Saturday Tournaments 12:30 pm– 4:30 pm

MINNESOTA ROOM PHONE NUMBER- 763-531-1182

Adult/Senior Activities

The Crystal Community Center has a variety of classes and events coming up that are sure to please. For more information, or to register, call the Crystal Recreation Department at 763-531-0052. The Crystal Community Center is located at 4800 Douglas Drive North, Crystal, MN 55429.

AARP SMART DRIVER REFRESHER COURSE (4-Hour Class)



Do you want to receive up to a 10% discount on your car insurance for the next three years? If you have had a previous 8-hour class, register for this 4-hour, state-approved refresher course. While no driving is necessary, attendance is required for credit and certificate. Course fills quickly. To receive the AARP membership discount, you must register at the front desk during regular office hours with proof of your membership. Session 5 register by July 3.

Session 5: (Activity 7490) –
Thursday, July 109:00 am-1:00 pm

Location: Crystal Community Center
 Fee: \$17 residents with AARP membership
 \$19 non-residents with AARP membership
 \$22 residents without AARP membership
 \$24 non-residents without AARP membership

AAA DRIVER IMPROVEMENT PROGRAM (4-Hour Class)

The Driver Improvement Program course is taught by a Minnesota Highway Safety Center trained instructor. The class will explore changes in laws, the latest in vehicle technology, and provide you with easy-to-use defensive driving tips. In addition, we will explore traffic safety and accident prevention. The classroom sessions are four hours in length. Completion of this course allows for a 10% reduction on automobile insurance premiums for those over the age of 55. Session 2 register by June 6. Session 3 register by August 8.



Session 2: (Activity 7756)
Monday, June 165:30-9:30 pm
Session 3: (Activity 7757)
Monday, August 185:30-9:30 pm

Location: Crystal Community Center
 Fee: \$18 AAA Member (must show AAA card at class)
 \$20 Non-AAA Member



PEDAL PUSHERS

Grab your bike and join escort Nancy Sjoquist for the 2014 Pedal Pushers Senior Bicycle Trip Program. Throughout the summer we will bike through various trails around the Twin Cities and surrounding areas. Please note that bike helmets are required for this program. Don't forget to bring water and a snack. Members are responsible for transportation and transporting their bike to/from each meeting location. For a complete riding schedule, stop by the Crystal Community Center today. Please register for each ride by calling the Golden Valley Senior Office at 763-512-2339 by 3:00pm the day before the ride.

55+ HEALTH GYM WALK

The Crystal Community Center will have one to three gyms available for walking depending on scheduled activities. Recreation programs and rentals take priority and hallways may be available for walking when there is an event or rental. Black soled shoes not allowed. The Crystal Community Center is available for walking on the following days and times, but will be closed on July 4, August 4-8, September 1.



Mondays-Fridays.....9:00 am-2:00 pm
 Location: Crystal Community Center
 Fee: Free

PICKLEBALL 55+

Pickleball is for people of all athletic abilities, described as a combination of ping pong, tennis and badminton. It's a great work out, very social, and a competitive and athletic game. It's also a good way to spend time with friends and family. Pickleball uses a plastic whiffle ball and a paddle and is played on a court roughly half the size of a tennis court. The cities of Crystal and Golden Valley are offering Pickleball at the Crystal Community Center. This is not a league...come when you can...just drop in...with no advanced registration. Equipment is provided for you to try the game. Gym shoes are required. Call Crystal Recreation 763-531-0052 or Golden Valley Recreation 763-512-2339 with questions. For your convenience, purchase a punch card and save. One punch per time.



Mondays and Thursdays9:00 am-12:00 pm
 Location: Crystal Community Center
 Fee: \$2/time \$15 for a punch card with 10 punches

PICKLEBALL FROLICS TOURNAMENT 55+

Thursday, July 24– 10:00 am– 12:00 pm

Crystal Community Center Gym

Registration- \$3.00.....Refreshments & Prizes

COMMUNITY TRIPSTERS



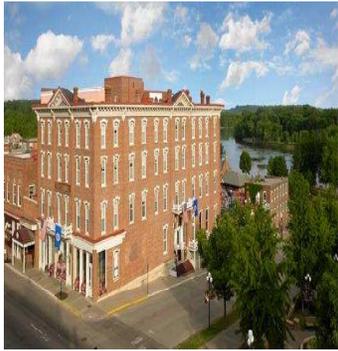
Enjoy these day trips with friends, or join us by yourself and make new friends! This program series is sponsored by the cities of Crystal, Brooklyn Center and New Hope with pick-ups in each city. The cost of each trip is all-inclusive for the entire day including transportation, escort, lunch, tax and gratuity unless otherwise indicated. For more detailed information stop by the Crystal Community Center and pick up a flier today.

DISCOVER RED WING

Wednesday, June 18

Descend into the Upper Mississippi River Valley and discover all there is in Red Wing! First stop is the Historic Depot in Levee Park, a landmark and home to the Red Wing Visitor Center and the Red Wing Arts Association Gallery. Then a guide will join us for a narrated tour of Red Wing past Victorian homes, historic buildings and landmarks, spectacular bluff-top vistas and beautiful riverside parks. Enjoy a scrumptious lunch at the Historic St. James Hotel; a brief tour of the Victorian landmark will follow lunch. Then off to discover Main Street Red Wing with many shops, the Red Wing Shoe museum and historic T.B. Sheldon Theater. Finally visit the Red Wing Pottery Museum with over 12,000 items on display and learn about the pottery industry that once thrived in Red Wing. Register by June 9.

Pick-up: 8:15 am Return: 5:45 pm
Fee: \$55



VICTORIAN OCTAGON HOUSE

Tuesday, August 5

We'll tour the Phipps Center, for the performing and visual arts, overlooking the St. Croix River, in Hudson, WI. After the tour, spend time in The Art Gallery and shop for handmade gifts from area artists in the gift store. An elegant three-course Victorian Cream Tea is presented on elegant buffet tables with savories and sweets. Menu: Four varieties of finger sandwiches, freshly made scones with clotted cream and preserves, and a colorful assortment of dessert treats. Servers offer , seated endless cups of Earl Grey tea from silver pots. Arrive at the historic Octagon House in Hudson, WI for a decent-lead tour. The house was built for Judge John Shaw Moffat and his wife. Such a house was considered conducive to healthy living as light and air could enter from eight directions. In addition to the gracious, restored house with Victorian era furnishings, the complex includes the Carriage House with a Museum Gift Shop. Register by July 7.

Pick-up: 9:15 am Return: 4:15 pm
Fee: \$61



LAKE MINNETONKA CRUISE

Tuesday, July 22

Spend your summer morning aboard the Lady of the Lake on Lake Minnetonka! We'll enjoy a cruise on this historic stern-wheeler and hear a special live narration about Lake Minnetonka from the Captain and crew. Listen to history of the Big Island, waterfront mansions, restaurants, marinas and gardens. Lunch will be served in the main cabin or on the upper level box lunch style at noon. Menu, Option 1: turkey sandwich, pasta salad, fruit, pickle, cookie and soda. Option 2: roast beef sandwich, coleslaw, apple, pickle, cookie and soda. After lunch, we'll dock in Excelsior and spend an hour shopping on Water Street. Leaving downtown, we'll stop at Adele's Frozen Custard and Old Fashion Ice Cream shop (purchase your own). Register by June 23.

Pick-up: 9:00 am Return: 2:15 pm
Fee: \$53



HISTORY OF OWATONNA

Tuesday, September 16

Visit the State School Orphanage Museum, the largest school of its kind ever operated in Minnesota from 1886-1945. Enjoy lunch at the new Steele County History Center. Learn what life was like at the turn of the 20th Century at the Village of Yesteryear. This 19-structure site features two log cabins, railroad station, caboose, general store/post office, fire station, farm machinery building, blacksmith shop, country school, Dunnell Mansion and a church. Each building is furnished according to the time they were built and connected by a boardwalk. Next stop is the "jewel box of the prairie," the 1908 Louis Sullivan National Farmers' Bank, featuring gold leaf arches, stained glass windows and nouveau baroque art designs. Finally, purchase an end of the day treat at Russell Stover Candies in the candy kitchen and Blue Bell's ice cream parlor. Register by September 8.

Pick-up: 8:30 am Return: 5:45 pm
Fee: \$59



Enjoy the Summer!



Plan a Road Trip in the State of Minnesota!



Summer is a great time to get outside, and the adventure of spirit hits you to explore what has been closed off all winter. To take in the beautiful Minnesota landscape, a simple road trip might be just the answer. Simply getting out the map and picking a city never visited, then hit the road and check it out. Find a new restaurant, museum, fabulous shop.

Also, check out www.byways.exploreminnesota.com or www.exploreminnesota.com/mototourism for scenic byways to take in the great outdoors.

Minnesota has over 1700 miles of bikes trails, 690 of them are paved, with 1000 unpaved. Find maps of all the state and regional trails at www.exploreminnesota.com/things-to-do/biking or Minnesota Dept. of Transportation, 800-657-3774 has bike trail maps to help keep Minnesota the nationwide leader for recreational trail systems.

Check out www.mndnr.gov/watertrails for those looking to take out those kayaks or canoes. With 11,842 lakes of more than 10 acres in the state it's time to check them all out. Sit back and enjoy the gentle waters on a beautiful day or try your hand at river currents.

Minnesota is rapidly becoming a wine State, at least 45 wineries are in the state to sample. Summer season is the perfect time to search out new wine experiences. Minnesota offers special deals for "wine trails." Go to www.greatriverroadwinetrail.org and www.mnriverwinebeerhistorytrail.com or www.3riverswintetrail.com for events and fees to help plan your route.

Maybe wine isn't your thing... www.mnbeer.com/breweries or www.mnbrewers.com to see all the new flavors.

There's always the food of Summer, www.minnesotagrown.com has all the farmers markets, days and times, to get your fill of the local bounty.



Special Interest Groups

MOVIE DISCUSSION SERIES

Join us **once a month on the third Thursday this summer at 9:30 am in the Robbinsdale Police and Fire Station, Community Meeting Room (lower level) located at 4101 Hubbard North.** Escape the heat and stop by for great



movies, good conversations, and fun! Movies are shown on a 35-inch TV screen. Discussions are informal, but will focus on reaction to the movie. Moviegoers are encouraged to attend the entire series so contrasts/comparisons can be made among the movies. Bring a pillow for a softer chair cushion. A fee of \$1.00 is collected at the door to cover the cost of refreshments and movie. Call 763-531-0052 for a complete list of upcoming movies.

BOOK DISCUSSION GROUP

The Book Discussion group is for you if you like to read and then talk to someone else about the book. The group meets the **first Tuesday of the month at the Robbinsdale City Hall from 1:00 to 2:30 pm.** Donations collected for refreshments.

Volunteer Appreciation !!!

CRYSTAL FRIENDSHIP CENTER

THANK YOU SO MUCH!!!



AUDREY BURKE and MAYOR JIM ADAMS

Audrey Burke received a Proclamation from Mayor Jim Adams at the Crystal City Council Meeting on May 6. She was recognized for 20 years of volunteering at the Crystal Friendship Center. She retired as a co-leader of the Saturday 500 and Whist Tournaments. We're forever grateful for her time and leadership!! She'll be missed!

THANK YOU, AUDREY!!



LA VETA ZWACK IS HONORED

La Veta Zwack received an appreciation certificate and flowers at the Volunteer Appreciation Brunch on May 14 at the Crystal Friendship Center. She was recognized for 20 years of volunteering as a co-leader of the Saturday 500 and Whist Tournaments. She retired as a co-leader of the Tournaments, but will continue to lead the 500 groups during the week!

THANK YOU, LA VETA!!



GENE JOHNSON and SALLY ROBERTS

Gene and Sally are the new co-leaders of the 500 Tournaments! We appreciate your leadership!

THANK YOU, GENE AND SALLY!!



FRIENDSHIP CENTER VOLUNTEERS

Volunteers enjoyed their recognition event on May 14. Entertainment by Jim Berner was enjoyed by all!

THANK YOU, VOLUNTEERS!!



Summer Fun for All



CRYSTAL COVE AQUATIC PARK

SATURDAY, JUNE 7- SUNDAY, AUGUST 24, 2014

POOL ADMISSION: (Includes Waterslide)

- Daily Admission: \$8, *children born after 1/1/12 are free*
- Senior Admission: \$6 (55 years+)
- Twilight Admission: \$6 (after 5 pm)
- Adult Lap Swim: \$2 (or free with a season pass)
- Daily Admission Coupon Book (10 admissions): \$60
- Coupons are good for 2014 only. Purchase at pool or Recreation Office. Good at either the Crystal or New Hope pools. Only cash is accepted for daily admission.



POOL HOURS:

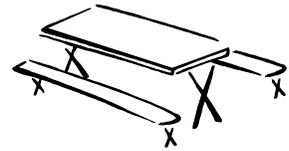
Monday-Saturday1:15- 8:30 pm
 Sunday1:00- 7:00 pm

Special Hours:

Friday, July 41:15- 6:00 pm
 Fridays, June 13* and August 8*1:15- 7:15 pm
 Monday-Saturday, August 18-231:15- 7:00 pm
 Sunday, August 241:00- 6:00 pm
 *Evening Special Events

Adult Lap Swim: Monday-Thursday7:15- 8:30 pm
 (see Pool Hours above for early closing times)

PICNIC IN THE PARK!!



Gather your friends for a day or evening of fun and socializing. No alcoholic beverages permitted in parks unless by special permit fees apply. Four Crystal park shelters can be reserved for your picnic and party needs. Each shelter holds 40-50 people. Make reservations during regular business hours. Cost of reservations and permits is as follows:

Reservation/Permit Fee\$30/picnic shelter resident; \$50/picnic shelter non-resident

Park Building Use ...\$25 fee & \$20 key deposit, cash only (\$20 refunded upon return of the key)

Picnic Kit\$20 fee and \$20 kit deposit, cash only (\$20 refunded upon return of the kit)

(Includes softball, bats, scoopball, volleyball, etc.)

Sites include:

Bassett Creek Park, 32nd & Brunswick2 shelters

North Lions Park, 61st & Louisiana1 shelter

Lions Valley Place Park, 32nd & Jersey1 shelter

Note: Refunds will not be given due to weather. Taxes will be applied to all reservations/permit fees.



BUSKING AT BECKER PARK

Join us at Becker Park for a night of Busking, also known as street performing. The paths at Becker Park will be lined with popular street performers from the area, performing for your entertainment, and voluntary donations. Buskers needed, contact 763-531-1152 to get involved.

Thursday, June 19 6:00-8:30 pm

Thursday, August 146:00-8:30 pm

Location: Becker Park



ANTIQUE CAR RUN

SATURDAY, AUGUST 9, 2014– 2:00 PM

The Run began in 1987 during New Brighton's Centennial to strengthen the City's namesake ties to Brighton, England. The Minnesota Run is a 120 mile American version designed to showcase the beauty and endurance of early automobiles. It travels from New London to New Brighton with a stop at the Crystal Community Center about 2:00pm. Bring a lawn chair and enjoy seeing dozens of Antique Cars in the south parking lot of the Crystal Community Center.



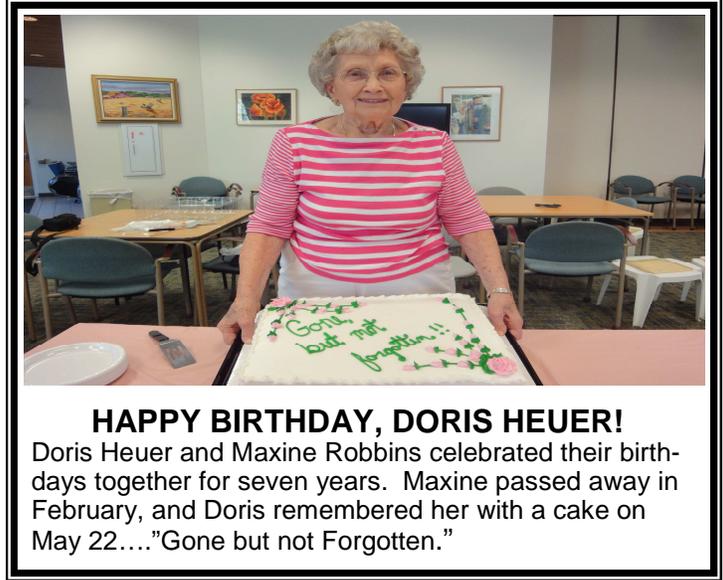
CRYSTAL DOG PARK

A special area in Bassett Creek Park, 6001 32nd Avenue North, has been designed for canine companions. This fenced in area has lots of space to roam off-leash to exercise and socialize your dog. Park hours are 6:00am-10:00pm.



GIFTS FROM HAWAII

Bob Gazek brings gifts from Hawaii at Thursday night Cribbage! (l-r) **Martha Lay, Arlene Edstrom, Madonna Salisbury, Eileen "Jake" Cedarberg, Linda Frank, Peggy Splett**



HAPPY BIRTHDAY, DORIS HEUER!

Doris Heuer and Maxine Robbins celebrated their birthdays together for seven years. Maxine passed away in February, and Doris remembered her with a cake on May 22.... "Gone but not Forgotten."

**COMMUNITY CENTER CLEANING
AUGUST 4-9
NO ACTIVITIES ALL WEEK**



**CRYSTAL FRIENDSHIP CENTER
4800 DOUGLAS DRIVE NORTH
CRYSTAL, MN 55429**

